

# INITIAL HEALTH STATUS



# Henderson Chiropractic

## Please Tell us About Yourself...

Your Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Primary Phone: H W C ( ) \_\_\_\_\_  
 Second Phone: H W C ( ) \_\_\_\_\_  
 Your Email: \_\_\_\_\_  
 Primary Physician: \_\_\_\_\_  
 Primary Physician Phone: ( ) \_\_\_\_\_  
 Sex: M / F Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Social Security: \_\_\_\_\_ Driver's Lic.: \_\_\_\_\_  
 Marital Status: S / M / D / W # of Children: \_\_\_\_\_  
 Spouse's Name: \_\_\_\_\_  
 Spouse's Employer: \_\_\_\_\_  
 How Were You Referred to Our office? \_\_\_\_\_

## Please Describe Your Current Problem

**What Brings You to Our Office Today?** (circle one)  
 Chronic    Recent Trauma    Auto Related    Work Related  
 \_\_\_\_\_  
 Headache     Neck Pain     Mid Back Pain     Low Back Pain  
**Other Area(s) of Complaint:** \_\_\_\_\_  
 \_\_\_\_\_  
**When Did Your Problem Begin?:** \_\_\_\_\_  
**How Did Your Problem Begin?:** \_\_\_\_\_  
 \_\_\_\_\_  
**Current Primary Complaint (How do You Feel Today?)**  
 0 1 2 3 4 5 6 7 8 9 10  
 No Pain \_\_\_\_\_ (circle one) \_\_\_\_\_ Unbearable Pain  
**Of Your Day, How Often Are Your Symptoms Present?**  
 0-25%     25-50%     50-75%     75-100%  
 Occasional    Intermittent    Frequent    Constant

## Should Your Bill be Handled Using... (please circle)

Cash    Credit    Insurance

Subscriber Name: \_\_\_\_\_  
 Subscriber ID#: \_\_\_\_\_  
 Group #: \_\_\_\_\_  
 Health Plan: \_\_\_\_\_  
 Your Occupation: \_\_\_\_\_  
 Your Employer: \_\_\_\_\_

DRAW YOUR PAIN

Please place the corresponding letter on the appropriate region on the diagram

**D** = Dull Ache  
**B** = Burning  
**S** = Sharp  
**SS** = Shooting  
**N** = Numbness  
**T** = Tingling

IMPORTANT	<input type="checkbox"/> Recent Fever	<input type="checkbox"/> Visual Disturbances	<input type="checkbox"/> Currently Pregnant, # wks: _____
	<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Stroke (date): _____
	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Cancer / Tumor (explain): _____
	<input type="checkbox"/> Steroid Use (Cortisone, Prednisone, etc.)	<input type="checkbox"/> Prostate Problems	_____
	<input type="checkbox"/> Birth Control	<input type="checkbox"/> Urinary Problems	<input type="checkbox"/> Surgeries: _____
	<input type="checkbox"/> Dizziness / Fainting	<input type="checkbox"/> Epilepsy / Seizures	_____
	<input type="checkbox"/> Numbness in Groin / Buttocks	<input type="checkbox"/> Abnormal Weight <input type="checkbox"/> Gain <input type="checkbox"/> Loss	<input type="checkbox"/> Medications: _____
<input type="checkbox"/> Pain at Night	<input type="checkbox"/> Marked Morning Pain / Stiffness	_____	
<input type="checkbox"/> Menstrual problems	<input type="checkbox"/> Pain Unrelieved by Position or Rest	<input type="checkbox"/> Other: _____	

### Certification & Assignment

#### Ownership of X-ray Films...

It is understood and agreed that payment to the Doctor for X-rays is for the examination of the film only. All X-ray negatives will remain the property of this office. X-rays are kept and maintained by this facility and may be viewed at any time while I am a patient at this office. It is also understood that at times an outside radiologist is used for additional evaluation of films taken in this office and films could at times be in transit between facilities.

#### Authorization for Care...

I certify that I and/or my dependent (s), have insurance coverage with \_\_\_\_\_ and I assign directly to Timothy Henderson, DC all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by my insurance. I authorize the use of my signature on all insurance submissions provide by this office. I hereby authorize the doctors at Dr. Timothy Henderson office and whomever they may designate as their assistants to examine and administer treatment as they so deem necessary

#### Use of Information

Timothy Henderson, DC may use my health care information and may disclose such information to the above named insurance company (ies) and their agents for the purpose of obtaining payment of services and determining insurance benefits or the benefits payable for related services. This consent will end when my current treatment plan is completed or one year from the date signed below. It is also understood that consultation by outside healthcare professionals may be used in collaborative efforts to ascertain diagnostic information regarding my condition and for this use is hereby approved.

Patient's Signature \_\_\_\_\_

Signature of Patient, Parent, Guardian or Personal Representative

Date \_\_\_\_\_

Relationship to Patient

# CHIROPRACTIC, ORTHOPEDIC, NEUROLOGICAL, RADIOLOGICAL & POSTURAL EVALUATION

**EXAMINATION #** \_\_\_\_\_ *New/Re-Ex* **DATE:** \_\_\_\_\_

Name: \_\_\_\_\_

**Primary Complaint**

\_\_\_\_\_

### VITALS

BP: \_\_\_\_\_ / \_\_\_\_\_

Pulse: \_\_\_\_\_

Age: \_\_\_\_\_

Ht. \_\_\_\_\_

Wt. \_\_\_\_\_

### NEUROLOGICAL

**Reflexes**    **L**            **R**            **Motor / Sensory**

Biceps _____	C5	L1	C5	L1
Triceps _____	C6	L2	C6	L2
Ext. Dig. _____	C7	L3	C7	L3
Patell. _____	C8	L4	C8	L4
Achilles _____	T1	L5	T1	L5
	T2	S1	T2	S1

### VISUAL, POSTURAL & GAIT EVALUATION

<b>Patient Build:</b>	1. Slim	2. Well Proportioned	3. Slightly Overweight	4. Obese	5. Morbidly Obese
<b>Carriage Gait:</b>	1. Normal	2. Slight Difficulty	3. Noticeable Difficulty	4. Extreme Difficulty	5. Unable to Walk
<b>Patient Movements:</b>	1. Normal	2. Restricted	3. Guarded	4. HFP + / -	5. Minor's Sign + / -
<b>Antalgic Position:</b>	1. Head L / R	2. High Shoulder L / R	3. Lumbar Lean L / R	4. High Ilium L / R	5. Bakody's Sign + / -

### Cervical ROM

*Norm    Deg.    Pain*

Flexion	60	<input type="text"/>	<input type="text"/>
Extension	50	<input type="text"/>	<input type="text"/>
L. Rotation	80	<input type="text"/>	<input type="text"/>
R. Rotation	80	<input type="text"/>	<input type="text"/>
L. Lat. Flex.	40	<input type="text"/>	<input type="text"/>
R. Lat. Flex.	40	<input type="text"/>	<input type="text"/>

**Pain:**    1:Mild, 2:Moderate, 3:Severe, 4:Very Severe

### Dorso-Lumbar ROM

*Norm    Deg.    Pain*

90	<input type="text"/>	<input type="text"/>
30	<input type="text"/>	<input type="text"/>
30	<input type="text"/>	<input type="text"/>
30	<input type="text"/>	<input type="text"/>
20	<input type="text"/>	<input type="text"/>
20	<input type="text"/>	<input type="text"/>

### ORTHOPEDIC TESTS

**Cervical-Dorsal**

Max. Cerv. Comp.: \_\_\_\_\_

Jackson's: \_\_\_\_\_

Cerv. Distraction: \_\_\_\_\_

Shoulder Depression: \_\_\_\_\_

O'Donohue's: \_\_\_\_\_

Allen's: \_\_\_\_\_

**Lumbo-Pelvic**

Kemp's: \_\_\_\_\_

SLR: \_\_\_\_\_

Bechterew's: \_\_\_\_\_

Patrick Fabere's: \_\_\_\_\_

Yeoman's: \_\_\_\_\_

**Addl. Studies / Notes:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Tenderness

C 1 2 3 4 5 6 7    Trap    SOT    Lev Scap    Rhoms

T 1 2 3 4 5 6 7 8 9 10 11 12    ParaSpinals

L 1 2 3 4 5    QL    Multifidus    GM

P Rsi    Lsi    Sac R/L    Piriformis    Psoas    Hamstrings

## DIAGNOSTIC HIERARCHY

CERVICAL REGION	THORACIC REGION	LUMBAR REGION	SACRUM / PELVIS / HIP
<b>Neurological</b> 723.1 Cervicalgia 723.5 Torticollis 729.1 Fibromyalgia / Myalgia 780.4 Dizziness 782.0 Numbness 784.0 Headache 952.05 Injury to Nerves C5-C7 <b>Structural</b> 714.0 Rheumatoid Arthritis 715.0 Osteoarthritis 720.0 Ankylosing Spondylitis 722.0 I.V.D. Disorder w/o Myelopathy 722.71 I.V.D. Disorder w/ Myelopathy 722.4 Disc Degeneration 733.0 Osteoporosis 737.10 Kyphosis (acquired) 737.20 Lordosis (acquired) 739.1 Segmental Dysfunction 839.01 C1 Subluxation 839.02 C2 Subluxation 839.xx Cx Subluxation <b>Functional</b> 524.6 TMJ Syndrome 739.1 Cervical / Thor. Seg. Dysfunction 847.0 Cervical Sprain / Strain	<b>Neurological</b> 724.1 Thoracic Pain 729.1 Myalgia 782.0 Numbness 953.4 I Injury to Brachial Plexus 729.2 Intercostal Neuritis 353.0 Brachial Plexus Lesion or TOS <b>Structural</b> 714.0 Rheumatoid Arthritis 715.0 Osteoarthritis 720.0 Ankylosing Spondylitis 722.11 I.V.D. w/o Myelopathy 722.72 I.V.D. w/ Myelopathy 722.51 Disc Degeneration 733.0 Osteoporosis 737.10 Kyphosis (acquired) 737.20 Lordosis (acquired) 739.2 Segmental Dysfunction 807.01 Rib Fracture 839.21 Thoracic Subluxation / III Defined Dislocation <b>Functional</b> 739.2 Thoracic Seg. Dysfunction 847.1 Sprain / Strain Thoracic Region 739.8 Costovertebral Seg. Dysfunction	<b>Neurological</b> 724.2 Lumbalgia 724.3 Sciatica 724.4 Lumbosacral Radiculitis 724.5 Backache 729.1 Myalgia 782.0 Numbness / Tingling 953.5 Injury to Lumbosacral Plexus <b>Structural</b> 714.0 Rheumatoid Arthritis 715.0 Osteoarthritis 720.0 Ankylosing Spondylitis 722.10 I.V.D. w/o Myelopathy 722.73 I.V.D. w/ Myelopathy 722.52 Disc Degeneration 733.0 Osteoporosis 737.10 Kyphosis (acquired) 737.20 Lordosis (acquired) 739.3 Segmental Dysfunction 738.4 Spondylolisthesis (acquired) 839.20 Lumbar Subluxation 839.42 Sacroiliac Subluxation <b>Functional</b> 739.3 Lumbar Segmental Dysfunction 847.2 Sprain / Strain Lumbar Region	<b>Neurological</b> 953.3 Injury to Sacral Root 953.5 Injury to Lumbosacral Plexus <b>Structural</b> 715.06 Osteoarthritis, Pelvis 718.55 Ankylosis, Pelvis 724.6 Ankylosis, Sacrum 839.41 Coccyx Subluxation / III Defined Dislocation 839.42 Sacrum Subluxation / III Defined Dislocation <b>Functional</b> 739.4 Sacral Segmental Dysfunction 739.5 Pelvic Segmental Dysfunction 843.9 Sprain / Strain Hip <b>Hip</b> 739.5 Hip Segmental Dysfunction 843.0 Hip Sprain 726.5 Hip Bursitis <b>ENVIRONMENTAL CODING</b> E-812.0 MVA-Driver E-812.1 MVA Passenger E-885 Fall E-917 Striking Objects

### UPPER & LOWER EXTREMITIES

HEADACHES	Shoulder	Wrist / Hand	Knee
784.0 Headache 307.81 Tension Headache 346.0 Classical Migraine 346.2 Sinus/Cluster/Headache 625.4 Pre-Menstrual Headache 346.1 Common Headache	840.9 Shoulder Sprain/Strain 840.4 Rotator Cuff - Sprain 955.8 Shoulder Nerve Injury 739.7 Seg. Dysfxn. Upper Extremity 726.11 Calcific Tendonitis-Shoulder 726.0 Adhesive Capsulitis (Frozen Shldr.) 715.11 Shoulder Osteoarthritis 726.12 Bicipital Tenosynovitis 726.10 Rotator Cuff Syndrome/Bursitis	842.xx Wrist/Hand Strain/Sprain 354.0 Carpal Tunnel Syndrome 719.93 Forearm Inflammation 739.7 Seg Dysfxn. Upper Extremity <b>Elbow</b> 841.xx Elbow Strain/Sprain 726.31 Medial Epicondylitis 726.32 Lateral Epicondylitis (Tennis, Golfers) 719.42 Elbow Pain	844.0 Lat. Collateral Sprain/Strain 844.1 Med. Collateral Sprain/Strain 844.2 Cruciate Ligament Sprain/Strain 726.64 Patellar Tendonitis <b>Ankle / Foot</b> 845.00 Ankle Sprain/Strain 845.10 Foot Sprain/Strain 719.47 Ankle-Foot Seg. Dysfxn. 726.73/728.71 Calcaneal Spur/Plant Fasciitis